







# YOU AND YOUR STUDENTS ARE INVITED TO JOIN THE NH HEALTHY SCHOOLS COALITION IN CELEBRATING THE IMPORTANCE OF.....

<u>HEALTHY BODIES,</u>

HEALTHY MINDS,

HEALTHY SCHOOLS

## THE FIRST ANNUAL NH HEALTHY STUDENTS CELEBRATION DAY!















#### THURSDAY MAY 31, 2007 9:15 AM-1:00 PM

### HAMPSHIRE DOME AT THE HAMPSHIRE HILLS FITNESS CENTER MILFORD, NEW HAMPSHIRE www.hampshiredome.com

### First Annual NH Healthy Students Celebration Day: Minimal Cost To Attend!

Bring your Students and Celebrate the end of May's Fitness Month by:

- Witnessing the presentation of Awards from the NH Governor's Council on Physical Activity and Health with an expected keynote address by the Governor and Dr. Lynch
  - Participating in team and individual physical activity challenges
    - Testing their knowledge on nutrition and health
  - Observing and trying out physical activity programs and fitness equipment
    - Earning prizes for their schools \*













The expected cost of attendance is \$1 per student. The NH Healthy Schools Coalition is working on providing a low cost nutritious lunch. For more information about the event, materials to help prepare students for the day, and registration forms, please go to <a href="mailto:nhahperd.org">nhahperd.org</a>. Registration is limited to 2500 students. Please register early.